Paul Lopez

Arch and Engineering

Period 6

Reflections

Teamwork reflection:

My teamwork has been developed in this class because when you first take this class you have to do a group project and talk to people you’ve never talked to so you learn and use your people skills and make new friends. I play soccer so my teamwork outside of this class/school has always been good. I joined a new teams couple years back and I had to build a bond and work with them. My teamwork has affected me in a positive way in this class because when I was doing my project with my partner it was fun and it turned out alright. Outside of class it affected me in a good way as well because some of my teammates who I didn’t know a couple years back turned into my best friends. I show teamwork in this class by helping people out whenever they need it and made some new friends as well.

Respect reflection:

My respect has been developed in this class because you have rules in this class, and I think Miyoshi has them to not show disrespect towards anyone and to think before you say something. Outside of class I’ve learned more to not swear and be nice to everyone and have respect towards other people’s beliefs. It affected my performance in class by respecting other people and not judge and say things I don’t mean to people. Outside of school I respect my coach and me being respect kind of makes it easier for me play my position and show him what I can do. I show respect in class by not just blurting things out while Miyoshi is talking. I hold Miyoshi’s policy in class and outside of class which was not very easy for me at first and the working environment is best and easy to get things done.

Integrity reflection:

You can’t hold off on a project in this class so when I say I’m going to have something done when I say I will, I will because freshman year I held off on my work and it piled up and it was not fun. Outside of class I’ve always do what I said I was going to regardless of people paying attention or not. I do my work and Miyoshi doesn’t have to remind me to do my work anymore and work consistently. Outside of school I’ve always done what I said I was going to do and work on it until I perfect what I do. I show integrity in class by doing all my work and Miyoshi not having to worry about me turning in work on time. I cite my sources/work when necessary without having to think about it and have always done it.

Excellence reflection:

In class last year, I just turned in work without trying to make it perfect and barely finish it or not do it at all and now I try to make everything as perfect as I can. Outside of school I thought I was good at soccer and didn’t think I could get better, but you could always get better and I try to get better everyday at it. My excellence in this class affected my performance in a good way because it affected my grade in a good way and build good habits on trying to good instead of ok. Same with outside of class activities, I try my best and it shows in my grades now compared to last year. I work hard, ask questions, and work on it until I know its good enough and don’t give up on a project.

Discipline reflection:

Miyoshi’s classroom policies have taught me to not use words I don’t mean and keep things respectful and if I did swear than I would have to do push-ups as a punishment and now I haven’t had to worry about that this year. Outside of class I brought his policy with me everywhere and don’t say things I don’t mean. Last year that wasn’t the case which is why I learned to discipline myself as well. Having discipline in class has made me be more focused and not think about other things or get distracted. Outside of school my discipline in soccer affects my performance because I want to build good habits and while I do that, I’m becoming a better player. Work constantly, correct yourself and if you know you did something wrong fix it and be strict with yourself.